



***Top 10 Pick Up Tips***

**[The Secret Pickup](#)**

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## **Top 10 Pick Up Tips**

You spot her across the room. She's absolutely gorgeous and you can't take your eyes off of her. Your heart is racing, your pulse is at a frenzy pace and then it happens.

### ***You freeze up.***

One of the hardest things when involved in the dating scene comes from that very first opening line.

*How do you start a conversation?*

*How can you keep a conversation going?*

*How can you retain her interest after you've introduced yourself?*

That first line, that first sentence means everything. If it gets stuck in the back of your throat, you'll instantly bomb out. If you say too much at once, you'll quickly turn her away as you come across as a pushy, aggressive and even a little creepy.

So, what can you do to create a positive first impression, and increase your chances at hitting a home run with the woman that you approach?

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*Here are the top 10 pick up tips to set you in the right direction!*

**Tip #1: Speak With Confidence**

Women love men who are confident, and who know what they want. You might need to brush up on your social skills before confidence starts to feel natural to you, but eventually, with a bit of experience it will be second nature.

Consider reading self improvement guides (Tony Robbins is a great choice), and grab a couple of positive thinking books to help you better understand yourself and what you are really looking for.

The more frequently you speak with women, the more confident you will become, so get out there and practice!

**Tip #2: Encourage Them To Talk About Themselves**

Women love to talk about themselves, and if you let her, she'll go on and on and on until you inject yourself into the conversation. But at the same time, the majority of women who chatter endlessly about themselves are doing so for one reason and one reason only - **VALIDATION**.

**Tip #3: Be Genuine**

If you are genuine and personable, you can get away with saying pretty much anything and you will still be able to attract quality women. Not everyone is born naturally charming, and for many, they struggle with coming across as being smooth and in control.

You'll want to polish up your social skills so that every time you approach a woman, you feel less timid and allow your confidence to shine through.

*You do this with practice!*

There's nothing wrong with telling a woman that you find her attractive, or that you like her hair, her eyes or her smile. You just need to be careful with not coming across too strong, or desperate.

You do this by weaving your compliments into your conversation rather than using them as an opening line.

The more sincere you are, the more responsive she will be. Women can detect insincerity from a mile away, so you don't want to make up stories or bait her into conversation with ego-fueled pick up lines.

#### **Tip #4: Be Specific With Compliments**

Don't compliment her just for the sake of complimenting her, as you'll likely strike out by saying something that doesn't even apply to her. ("I love your hair color", only to find out she struggles to dye her hair and ended up screwing it up on the last attempt).

One strategy that works well is to keep your compliments specific rather than general.

For example, rather than say "You look gorgeous", consider saying "*You have beautiful eyes*".

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Avoid blanket statements when complimenting women, because they will see right through it and odds are, you'll come away looking like an insincere idiot.

**Tip #5: Make Her Laugh**

Women love to laugh and they love men who can make them laugh, it's as simple as that.

Be witty, entertaining, and comical and don't be afraid to tease her once you've got a connection going.

Don't insult her, or make fun of her (especially around her friends), but inject your personality whenever you can, and make her laugh. If you do this, you'll not only score a ton of points with her, but you'll essentially lower her guard, allowing yourself to get all that closer to her.

**Tip #6: Be A Dynamic Listener**

Women want you to really listen to what they're saying but more importantly, they want a response. They want to see physical signs that you really are paying attention.

Women are the catharsis of emotion and self expression, and you better be on your game and prepared to respond to the things she is saying, otherwise you'll lose any chance of it going any further.

So, don't just nod your head in agreement, or "uh huh" everything she

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says. Take a personal interest in the conversation, and in her.

**Tip #7: Demonstrate Positive Body Language**

Make sure that your body language is giving her the validation she's looking for. Look her directly in the eyes when she's talking to you.

Don't cross your arms in front of you when she's talking, or when you are answering. Crossing your arms is a sign that you aren't comfortable, and can make her feel as though you are judging her.

Turn your shoulders towards her, lean in closer when she is talking about something sensitive or personal, and remember to make intermittent eye contact throughout the conversation.

**Tip #8: Be Charming**

Being charming means being warm, personable and sincere. You don't use charm to get sex, you are charming and get sex.

Being charming means being confident. You exude strength, self-awareness and control at all times.

**Tip #9: Give Her Your Full Attention**

You need to give a woman your complete attention when you are trying to hook up. You want her to think that out of all the women around you, you chose her, and that she captured your attention quickly.

You never want her to feel as though she is your second choice, or that

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you are waiting for a better quality woman to walk through the door.

This means that you need to concentrate on her, making eye contact, using the power of body language to persuade her that you're serious about getting to know her and that regardless who comes around, you're focus is on her alone.

### **Tip #10: Don't Fight For Her Attention**

One of the greatest mistakes that guys make is in pushing too hard. You won't convince her that you're worth a shot by doing this, in fact, you'll bomb out faster the harder you push.

You want her to think of you as a confident guy who has it all together, who isn't desperately seeking out women, and who has other options.

So, approach her with confidence, engage her in conversation but if you feel that it isn't going in the direction you're looking for, you need to know when to call it quits.

**Do you want to know the REAL INSIDER  
SECRETS to picking up women?**

***Discover..***

- What to say when approaching women and maximize your chances at pushing her “hot buttons” every time!
- Mind blowing insider secrets to picking up women in any situation or environment, even if you’ve always struck out before!
- Why you should never offer to buy a woman a drink in the first 20 minutes of conversation, if you are serious about hooking up.

***AND MUCH MORE!***

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